

International Headache Society

Child and Adolescent Standing Committee (CASC) Chair: Ishaq Abu-Arafeh MBBS, DM, MRCP, FRCPCH

21 July 2018

ANNUAL REPORT - 2018

Child and Adolescent Standing Committee

The Child and Adolescent Standing Committee had a relatively busy year with several educational activities and guidelines developments.

CASC participated in international conferences and helped in raising the profile of childhood headache at different locations.

- (A) Over the past year the committee and its chairperson participated in the following educational activities:
 - (1) In September 2017, CSAC contributed to the IHC in Vancouver with:
 - a. A teaching course on headache in children,
 - b. A session on the childhood syndromes related to migraine
 - c. A plenary session on the challenges and successes in running drug trials in children with migraine.

The three sessions were well attended and the presentations were at a high standard. Informal feedback was positive and encouraging. Delegates appreciated that HIS commitments for increasing the profile of childhood headache in its congress.

- (2) In December 2017, CASC was represented at the EHF conference in Rome and a paediatric session was presented with our contribution on posttraumatic headache.
- (3) In March 2018, A personal Experience session on difficult to treat Headaches was presented by members of this committee at the annual meeting of the Royal College of Paediatrics and Child Health in Glasgow.
- (4) In May 2018, CSAC organised a childhood Headache teaching course in Moldova in partnership with local colleagues. The course was well attended by over 200 delegates working in paediatrics, paediatric neurology, psychiatry and primary care. It was followed by public meeting session for patients and their families.
- (B) The committee has also continued to work collaboratively with Professor Tim Steiner on the project "Lifting The Burden" with special emphasis on the global effect of headache on children. This work is fully supported by the IHS Board and some progress has been achieved in different areas.
- (C) The Child and Adolescent Standing Committee is currently working closely with the Guidelines Committee of the IHS on Guidelines on Drug trials in children with migraine. The first draft will be discussed at a special meeting of the CSAC within the MTIS 2018 in London.

Ishaq Abu-Arafeh Chairman, Child and Adolescent Standing Committee