



Child and Adolescent Standing Committee (CASC)  
Chair: Ishaq Abu-Arafeh MBBS, DM, MRCP, FRCPC

23 July 2019

## **ANNUAL REPORT - 2019 Child and Adolescent Standing Committee**

The Child and Adolescent Standing Committee had taken part in several activities over the past year with help of many members of the committee and working with colleagues in the Clinical Trials Standing Committee. Also, with a good support from the IHS Board the CASC was able to promote childhood headache education through teaching courses and conferences.

The publication of the first edition of the Guidelines of International Headache Society for controlled trials of preventive treatment of migraine in children and adolescents, was only been made possible by the feedback from many members through the open consultation. Many members sent valuable comments and suggestions that enhanced the guidelines. I am also pleased to see cooperation and joint working with the Clinical Trials standing Committee was fruitful and successful (Abu-Arafeh I, Hershey AD, Diener H-C, Tassorelli C. Guidelines of the International Headache Society for Controlled Trials of Preventive Treatment of Migraine in Children and Adolescents, 1<sup>st</sup> edition, Cephalalgia,2019,39(7):803-816).

CASC participated in international conferences and helped in raising the profile of childhood headache at different locations.

- (1) In September 2018, CASC contributed to the Migraine Trust International Symposium held in London with a paediatric headache teaching course and a paediatric session.
- (2) In October 2018, CSAC with support from the HIS Board was able to contribute to educational activities on childhood headache at the Middle East and North Africa (MENA) conference held in Cairo, Egypt. A full Report was published in the March 2019 HIS Newsletter.
- (3) In March 2019, CASC played an important role with support from HIS Board in the organisation and the delivery of the First Turkish Paediatric Headache Winter School. A full report published in the July 2019 IHS Newsletter.
- (4) In May 2019, CASC took part in the paediatric headache teaching course at the European Headache Federation Conference held in Athens, Greece.

Ishaq Abu-Arafeh  
Chairman, Child and Adolescent Standing Committee