

REPORT OF THE ACTIVITIES OF THE IHS COMMITTEE OF CLINICAL TRIALS (updated to August 2018)

Structure

Chair: Cristina Tassorelli

Vice Chairs: Chris Diener, Stephen Silberstein

Senior Advisors: David Dodick, Messoud Ashina, Michel Ferrari, Peter Goadsby, Richard Lipton,

Editorial Reviewers: Werner Becker, Shuu-Jiun Wang, Patricia Pozo-Rosich

Pediatric guidelines: Ishaq Abu-Arafeh, Andrew Hershey

In addition, we have successfully involved in the activities of the Committee (see point 4 below) the following young researchers:

- Marie Deen, Copenhagen
- Daniele Martinelli, Pavia
- Judith Pijpers, Leiden
- Hsiangkuo Yuan, Philadelphia

Activities

- 1) In January 2018 the second edition of the ‘Guidelines of the International Headache Society for controlled trials of preventive treatment of chronic migraine in adults’ has been published in *Cephalalgia* (Vol. 38(5) 815–832).
- 2) The 4th edition of the ‘Guidelines of the International Headache Society for Controlled Trials of Acute Treatment of Migraine Attacks in Adults’ is nearing the end of the process, that has also included its presentation and discussion with members of the regulatory bodies, representatives of drug companies and representative of patients association. We foresee to post the final version on the IHS website in September in order to gather the comments by the IHS constituency and to submit it to *Cephalalgia* in October-November.
- 3) The first edition of the ‘Guidelines for Controlled Trials of Preventive Treatment of Migraine in Children and Adolescents’ has also been prepared by Prof. Abu-Arafeh and Hershey. The draft has been discussed and revised, and it has now been circulated to the members of Child and Adolescent Standing Committee. A face-to-face meeting is scheduled during the Migraine Trust International Meeting 2018 in London. We foresee to post the

final document on the website by the end of September and to submit it to Cephalalgia in November.

- 4) The group of young searchers has supported the members of the Committee in the analysis of the controlled clinical trials on the preventive treatment of chronic migraine published in the last decade. The results of the analysis are currently being organized in a review with the title 'Adherence to the 2008 IHS guidelines for controlled trials of drugs for the preventive treatment of chronic migraine in adults'. The review will be finalized in the next weeks and subsequently submitted to Cephalalgia.

Next steps

New edition of the 'Guidelines of the International Headache Society for Controlled Trials of Preventive Treatment of Migraine in Adults'

First edition of the 'Guidelines of the International Headache Society for Controlled Trials with device for Migraine'

Second edition of the 'Guidelines of the International Headache Society for Controlled Trials of Acute and Preventive Treatment of Cluster Headache'