

## **Trainees and Residents SIG**

### **Current members**

Anders Hougaard (chair), Denmark  
Michele Viana, Italy  
Espen Kristoffersen, Norway  
Marta Torres, Spain  
Yohannes Woldeamanuel, USA  
Marco Lisicki, Belgium  
Elena Gross, Switzerland  
Judith Pijpers, Netherlands  
Nooshin Yamani, Iran  
Miji Lee (joined 2018), South Korea  
Sajedeh Eftekhari (joined 2018), Sweden  
Francesca Puleda (joined 2018), UK

### **Short stay peri-congress scholarships**

The IHS Short stay peri-congress scholarship is a scheme that was introduced by the Trainees and Residents SIG in 2013. Its aim is to improve headache clinical practice and research in developing countries as well as to offer further opportunities for collaborations for juniors from these countries.

Every year, the scholarships fund visits from three young researchers and clinicians to headache clinics and research institutions in the country where the international congresses are held.

This year, we are pleased to announce the following recipients:

- Dr. Stephania Bohorquez from Colombia will attend the Migraine Trust International Symposium and visit Dr. Patricia Pozo Rosich, Spain
- Dr. Selenge Enkhtuya from Mongolia will attend the European Headache Federation Congress and visit Massimiliano Valeriani, Italy.
- Kostiantyn Stepanchekno from Ukraine will attend the European Headache Federation Congress and visit Massimiliano Valeriani, Italy.

Congratulations to the winners!

### **Headache Excellence Tournament**

We are happy to announce that the sixth annual Headache Excellence Tournament will be held during the Migraine Trust International Symposium in London this September.

The tournament is designed to give talented young scientists a platform to present their data during a short talk and discussion, and to benefit not only from sharing their research expertise, but also from improving their communication skills and expand their knowledge in the headache field. All presenters are selected in a blinded fashion (both names and institutions) based on the content of their submitted abstract. Of the six

presenters, two winners are selected by the audience: one for a clinical research presentation and one for basic research.

### **New bylaws and committee membership terms**

Inspired by feedback from IHS Junior Delegates during our open meeting at the International Headache Congress in Vancouver, we have decided to make some changes to the bylaws and committee membership terms of the IHS Trainees and Residents SIG to increase awareness and to give IHS Junior members more influence on our activities.

As a consequence, starting from next year, the Trainees and Residents SIG will have a General Meeting during the International Headache Congresses, which will be open to all Junior IHS members.

In addition, members of the Trainees and Residents SIG will be elected by the IHS Junior membership.

Six members are elected to 2-year terms of office by the membership during the General Meeting of the Trainees and Residents SIG, automatically renewable for a second 2-year term. Voting will be carried out through an internet-based voting system. Members may serve for a maximum of 4 years.

More information about the new rules can be found on the website in the Trainees and Residents SIG section.

Anders Hougaard  
Chair  
August 2018