

IHS Juniors Group Annual Report 2019

Current members

Anders Hougaard (chair), Denmark

Michele Viana, Italy

Espen Kristoffersen, Norway

Marta Torres, Spain

Yohannes Woldeamanuel, USA

Elena Gross, Switzerland

Judith Pijpers, Netherlands

Nooshin Yamani, Iran

Miji Lee, South Korea

Sajedeh Eftekhari, Sweden

Francesca Puledda, UK

IHS Juniors Group Election 2019

Inspired by feedback from IHS Junior Delegates during our open meeting at the International Headache Congress in Vancouver, the Juniors Group have made some changes to the bylaws and committee membership terms of the Juniors Group to increase awareness and to give IHS Junior members more influence on our activities.

As a consequence, members of the Juniors Group will now be elected by the IHS Junior membership. This year, we are having the first election of Juniors Group members. Any Junior IHS member can nominate her/himself for the election. We received nominations from 12 eligible candidates for the currently four vacant positions in the group, and the election is still on-going. Successful candidates will be notified before IHC and the new members will be publicly announced during the IHS Juniors Open Meeting in Dublin.

IHS Juniors Open Meeting 2019

During the IHC in Dublin, the IHS Juniors Group will organise a meeting, which will be open for all interested juniors attending the IHC. The group members will provide a short presentation of the Juniors Group and give junior delegates the possibility to ask questions and make suggestions for activities.

Short stay peri-IHC scholarship

The Short stay peri-congress scholarship was started by the Juniors Group in 2013 and provides an opportunity for young researchers from developing countries to visit headache clinics and research institutions in the country where the international headache congresses are held. For this year, our available budget was 18,000 Euro and we were in a position to offer three scholarships. A total of 22 applications were received for this scholarship scheme from trainees. The applications were reviewed and ranked by the members of the Juniors Group and the top applicants who received the scholarships and accepted the award were:

Dr. Agaath Manickam from India will visit Dr. Martin Ruttledge, Beaumont Hospital, Dublin
Dr. Ana Podgorac from Serbia will visit Dr. Roisin Lonergan, Mater Hospital, Dublin
Dr. Gunjan Kumar from India will visit Dr. Sean O'Dowd at Tallaght Hospital, Dublin

We are grateful to the doctors who agreed to host the three scholars in their clinics. Scholars will stay at the clinics for around 6-8 weeks, as well as attend the IHC.

IHC Junior Travel grants 2019

This year, we awarded a total of 72 travel grants for Juniors to attend the IHC in Dublin: Fifty-six grants were awarded to applicants with a submitted abstract and 16 additional, educational grants were awarded to applicants from developing countries. Applications were reviewed by the Juniors Group members.

Headache Science Excellence Tournament 2019

The Juniors Group is organising for the seventh time the "Headache Science Excellence Tournament" at the IHC 2019.

The Tournament aims to provide young scientists the opportunity to present their data during a short talk and discussion. Young scientists will not only benefit from sharing their research expertise, but will further improve their communication skills and expand their knowledge in the headache field. The Tournament will be carried out in two groups, one on clinical related research, and one on basic headache research.

We received a total of 133 abstracts for this tournament, which were reviewed in a blinded fashion by the Juniors Group. Six abstracts (3 clinical science and 3 basic science) have been selected for the tournament. The best clinical and basic science presentations, voted by the audience, will receive a trophy and a £500 award.

Juniors' Forum IHC 2019

Our committee is organising the traditional Juniors' Forum, which is a networking event that aims to encourage future collaborations and exchange of ideas between junior members of the IHS. The venue will be held at Urban Brewing in Dublin.

Football match IHC 2019

The "Headache football/soccer match" of Europe vs. "The rest of the World" has now become an annual tradition, organised by the Juniors Group. IHC delegates, juniors as well as seniors, will get together for this fun and friendly match. This year the game will take place on Friday night during the IHC. We are grateful for sponsorship from ElectroCore for this event.

On behalf of the Juniors Group
Anders Hougaard, Chair
5 August , 2019