

"Visiting professors" course from the International Headache Society in México. Report

Visiting Professor from IHS: Drs. Julio Pascual (Spain) and Carlos Bordini (Brazil)

Mexican Professors: Srs. Maria Karina Velez Jimenez, Ildefonso Rodriguez Leyva, Luis Roberto Partida Medina, Alejandro Marfil Rivera, Silvia Garcia, Manuel Gudiño Castelazo, Erwing Chiquete Anaya, Jaime Levetman Grimberg, Miguel Angel Collado Ortiz, Luis Enrique Amaya Sanchez, Sandra Quiñones Aguilar and Miriam Soffer.

The excellent IHS Visiting Professors Program has been a great experience and has allowed for the first time in Mexico to have the opportunity to do a course where general practitioners and specialists have an approach to a marvelous society (IHS) through two of its most critical distinguished teachers.

We are sure that experiences like this, many countries besides ours benefited from education and rapprochement among doctors interested in this matter. This program was organized by AMCEMIG (Mexican Association for the study of Headache and Migraine). The objective of the course was to update and disseminate the knowledge and interest in headache among neurologists, internists, and other doctors who work in Mexico. The "1st Course of" Visiting Professor "of the IHS and AMCEMIG had the support of one of the most prestigious private Schools of Medicine in the country (the Anahuac University) and was attended by the most distinguished and accredited Mexican neurologists in this discipline. The activities were held in the Auditorium of the Hospital Angeles Inter-Lomas in Mexico City.

We had an attendance of 114 people who gave us great teacher-related feedback, especially the very academic way of interacting with the audience by Drs. Julio Pascual and Carlos Bordini, in addition to the Mexican teachers who showed great generosity to share their experiences and excellent quality and warmth when interacting with the students.

The course was highly interactive, clinical cases from the most common to the most clinically challenging were presented and closed with a botulinum toxin application workshop.

We appreciate in advance all the support received from the IHS for this amazing experience.

Presidente Coordinador Académico Luis Partida Medina Coordinador de Trabajos libres Alejandro Marfil Rivera



This was the program:

FEBRUARY 27TH 2020

Hour	Talk	
07:30-08:30	Inscriptions	
08:30-09:00	Pre-evaluation.	
09:00-09:30	Inauguration	

COURSE-WORKSHOP ON HEADACHES

Coordinated by María Karina Velez Jimenez, MD				
Hour	Talk	Speaker		
09:30-10:00	Epidemiology of headaches	Dra. Silvia García		
10:00-10:30	Evaluation of the patient with headache	Dr. Carlos Alberto Bordini		
10:30-11:00	How to use the classifications for headache	Dr. Manuel Gudiño Castelazo		
11:00-11:30	Red flags in headache	Dra. María Karina Velez Jimenez		
11:30-12:00	Receso			
12:00-12:30	Approach of the patient with headache in the Emergency Room	Dr. Ildefonso Rodríguez Leyva		
12:30-13:00	Most common primary headaches	Dr. Erwin Chiquete Anaya		
13:00-13:30	Most common secondary headaches	Dr. Juan Carlos Pérez García		
13:30-14:00	Non-frequent causes of secondary headaches: historic case presentation	Dr. Jaime Laventman Grimberg		
14:00-14:45	Clinical cases discussion	Dr. Carlos Alberto Bordini		
14:45-15:15	Receso y Box Lunch			
15:15-15:45	Headache due to drug abuse	Dr. Alejandro Marfil Rivera		
15:45-16:30	Clinical case Workshop	Dr. Julio Pascual Gómez Dr. Luis R. Partida Medina		

Coordinador Académico Luis Partida Medina Coordinador de Trabajos libres Alejandro Marfil Rivera

Presidente Karina Velez Jimenez Secretario Ildefonso Rodríguez Leyva Tesorero Juan Carlos Pérez García



FEBRUARY 28th 2020

Coordinated by Luis R Partida Medina, MD			
Horario	Talk	Speaker	
09:00-09:30	Neuroanatomy and Pathophysiology of episodic and chronic migraine	Dr. Julio Pascual Gómez.	
09:30- 10:00	Diagnosis of trigeminal headaches	Dr. Carlos Alberto Bordini	
10:00-10:30	Treatment of trigeminal headaches	Dr. Miguel Ángel Collado Ortiz	
10:30-11:00	Non-pharmacologic treatment of episodic and chronic migraine	Dr. Luis E. Amaya Sánchez	
11:00-11:30	Break		
11:30-12:00	Acute pharmacologic treatment of migraine	Dr. Felipe Vega Boada	
12:00-12:30	Oral preventive management of episodic migraine	Dr. Marco Martínez Gurrola	
12:30-13:00	Current treatment of chronic migraine	Dra. Sandra Quiñones Aguilar	
13:00-13:45	Clinical cases discussion	Dr. Alejandro Marfil Rivera Dr.Juan Nader Kawachi	
13:45-14:15	New treatments for episodic and chronic migraine	Dr. Julio Pascual Gómez	
14:15-14:45	Mindfulness & biofeedback	Dra. Mirian Soffer	
14:45-15:15	Break and box lunch		
15:15-15:45	Migraine markers	Dr. Julio Pascual Gómez	
15:45-16:45	Clinical case Workshop	Carlos Alberto Bordini Julio Pascual Gómez María Karina Velez Jimenez Idefonso Rodríguez Leyva	
16:45-17:15	Post-evaluation		
17:30-19:30	OnaBTo Workshop for chronic migraine		

Coordinador Académico Luis Partida Medina Coordinador de Trabajos libres Alejandro Marfil Rivera

Presidente Karina Velez Jimenez Secretario Ildefonso Rodríguez Leyva Tesorero Juan Carlos Pérez García



Memories in photographs:



Presidente Secretario Tesorero Coordinador Académico Luis Partida Medina Coordinador de Trabajos libres Alejandro Marfil Rivera

Karina Velez Jimenez Ildefonso Rodríguez Leyva Juan Carlos Pérez García









Karina Velez Jimenez Ildefonso Rodríguez Leyva Juan Carlos Pérez García













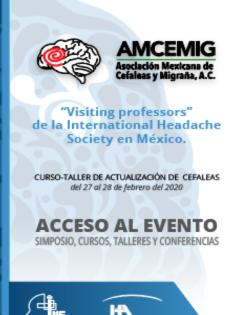














We appreciate in advance all the support received.

Sincerely,

ASOCIACION MEXICANA DE CEFALEAS Y MIGRAÑA, A.C. (AMCEMIG)

dzhona Dra. M^a Karina Velez Jimenez Dr. Juan Carlos Perez Garcia Dr. Ildefonso Rodríguez Leyva Secretario Presidente Tesorero

Presidente Secretario Tesorero Coordinador Académico Coordinador de Trabajos libres Alejandro Marfil Rivera