

## **IHS Child and Adolescent Committee**

### **Annual Report 2021**

Over the past year activities of the Child and Adolescent Standing Committee have suffered enormously by the effects of the pandemic and several planned educational workshops and teaching courses have to be cancelled. The Polish Teaching course was postponed to December 2021 and unfortunately this date is also in doubt and will probably have to be postponed again.

Members of the committee have, however, helped in several fora and contributed to virtual conferences including the following:

- GLOBAL MIGRAINE & PAIN SUMMIT, 4<sup>th</sup> MENA Meeting, 2<sup>nd</sup> Turkish African Meeting on Headache and Pain Management, Virtual conference, Turkey, 28-31 October 2020
- Russian Headache Congress, Virtual conference, 5 September 2020
- XXXII Refresher course, Headaches and migraines in developmental age: from diagnosis to therapies, Virtual conference, Italy 7-9 October 2020
- The Child and Adolescent Standing Committee has also contributed to the work of the Educational Committee by producing 3 video podcasts available on the IHS website in 2021:
  - Diagnosis of Childhood Headache - Ishaq Abu-Arafeh
  - How childhood headache differs from adult headache - Aynur Ozge
  - Management of migraine in children and adolescents- Andrew Hershey

This year I will have completed 2 terms and I will demit office. I would like to take this opportunity to thank all the presidents of the IHS, the secretary and Conference organisers for the help and support they have given to me and the committee in promoting and raising awareness of child and Adolescent headache worldwide. I should mention in particular Carol Taylor for her sterling support and help in making my task doable and successful. Finally, I would like to thank all members of CASC for their help and contribution for the success of our work and I wish my successor all the best in taking the work this committee forwards and in its reach to global membership.

Ishaq Abu-Arafeh  
Chair