



IHS Education Committee

Annual Report 2021

Over the past year, the committee continued to be involved in many educational activities. Please see the latest IHS Newsletter from July to get more details on specific activities and their relationship to other IHS ongoing programs and events. IHS Newsletter July 2021 on line at: <https://ihs-headache.org/en/resources/ihs-newsletter/>

Because of the ongoing pandemic, in-person meetings were limited and thus the VP Program was put on hold. One VP Plus program in Russia was also put on hold but is planned again for this fall.

We did spend a fair amount of time on reviewing virtual programs for endorsement at the request of the Board. In general these were approved, with some feedback to the organizers on good educational principles to follow. These comments were well received and incorporated into the virtual meetings. In general, we asked for more attendee participation with faculty, including teaching in groups, and using cases where relevant to increase the context in which the material was presented. A post congress program for China was supported by IHS leadership and faculty, to be done virtually in December. Also large regional conferences were endorsed by IHS after review by the Chairs.

The Committee Co-chairs, were members of the Scientific Program Committee for the upcoming Congress IHS and European Headache Foundation to be held virtually from Berlin in September.

The committee continued to be involved in reviewing and ranking headache fellowship applications. This year three were approved. Travel grants were limited by the pandemic. Still, the IHS Trainee Programme, a clinical training period of up to 12 weeks at an international headache centre and IHS Short-stay Scholarships continued to be offered. (See the latest IHS Newsletter online for details)

There are ongoing changes in the membership of the committee. The committee welcomed one new member this year, Dr. Claire Sandoe from Toronto, Canada. Dr. Purdy will step down as Co-Chair after the Berlin Congress, having served with Dr. Henrik Schytz for two years in that position, and prior to that for four years as Chair. New members will be appointed to the committee in the near future, as others retire or move onto new or other activities.

The new IHS website was launched in June 2020, and subsequently the Learning Centre was revised and expanded. Under the leadership of Dr. Schytz with great support from Carol Taylor and the IHS Board, a large effort was spent to develop an online educational platform. Twenty-seven videos, 16 podcasts and six webinars have been posted on the IHS website and

social media channels over the past year. All the videos are available with English, Spanish and Chinese subtitles. A new initiative involved creating a three-part video series on each headache disorder, with the content to target a broad viewership that includes patients as well as healthcare professionals. The purpose was to provide open-access material that delivers a concise overview of the definition, prevalence, diagnostic criteria, clinical features, and therapies for each headache disorder. To underscore the global nature of IHS, we have posted the video series by speakers in English, Spanish, French, German, Italian, Portuguese, Turkish, Russian, Japanese, Korean, Mandarin, Hindi, Urdu, Farsi and Arabic.

The most recent podcasts are interviews with authors of key articles published in *Cephalalgia*

The quarterly webinars are also available for view – the latest webinar was held in June and featured Professors Piero Barbanti and Anne MacGregor who talked about migraine treatment and migraine treatment in pregnancy and breastfeeding. Several of the webinars have been done in collaboration with the Electronic Media Committee; the Education Committee would especially like to thank Marcio Nattan Souza, Anna Andreou and Arao Belitardo de Oliveira for a great collaboration

The Education Committee would also like to thank all the IHS members, who have contributed greatly to all the online activities – without their great work, this would not have been possible.

The Electronic Media Committee has been of key importance by informing and advertising about the educational activities on various media platforms. This has been a successful collaboration, which we are very grateful for.

Education has been and continues to be a big part of the mission of the society. As Chairs, we would like to thank the President, Professor Messoud Ashina, the Executive and Board for their enthusiastic support of all we do. It is an exciting time to be in the headache field and the worldwide reach of our educational activities is helping to expand the field immensely.

R. Allan Purdy MD, FRCPC
Co-Chairs Education Committee
International Headache Society
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Henrik W. Schyetz MD, DMSci