



17th September 2022

9th BIENNIAL NATIONAL MEETING ON HEADACHE
25-28 JANUARY 2023
LAZAAT HOTEL AND RESTAURANT
Wood Hill Way, Cottingham, HU16 5SX

Dear Colleague,

I have pleasure in inviting you to attend the 9th Biennial National Meeting on Headache organised jointly by the British Association for the Study of Headache (BASH) and department of Neurology under the auspices of International Headache Society (IHS). The meeting runs for four days, although the first day is an educational event for the specialist nurses and the last day is for patients. The meeting attracts 15 External CME credits by the Royal College of Physicians (code:141471).

Hull meeting is the biggest headache educational event in the UK. In 2019 we had 300 delegates from all over the UK and abroad. This year we will be having the 1st Memorial lecture for Vicky Quarshie, our headache nurse, who sadly died in 2020. This will be delivered by the president of the IHS, Professor Cristina Tassorelli from University of Pavia, Italy.

The meeting is pitched for general practitioners, general neurologists and trainees in neurology and headache. The meeting is supported by an unrestricted educational grant from Abbvie. Refreshments and lunches are free of charge on Thursday and Friday.

The meeting is free to attend, however, the venue can only accommodate up to 300 delegates and it is very likely that the event will be oversubscribed as this will be the first face to face event in four years. To guarantee your place, I would advise to reserve as early as possible to avoid disappointment. To guarantee a place, you can pay £ 25 via paypal to fayyaz.ahmed@nhs.net. The payment would be refunded if you attend and will be credited to BASH if you do not attend.

There will be conference dinner on Thursday, 26th January 2023 at the Lazaat Restaurant open to all delegates to meet and interact with the experts. The cost will be £ 50 payable through paypal.

The venue has ample parking facilities. For more details and to find the facilities for accommodation and train links, please feel free to contact Debbie Buttle, conference secretary who will be more than willing to help you to assist in you attending the programme on Debbie.buttle@nhs.net.

Professor Fayyaz Ahmed
Conference Chair and Past Chair, BASH



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DRAFT PROGRAMME

Wednesday 25th January 2023

13:00 – 14:00 REGISTRATION

Chair: Susie Lagrata, London

14:00 Headache nurses and AHP's beyond the clinical role
Mrs Siobhan Jones, North Cumbria Integrated Care Trust

14:30 Neuromodulation for headaches: Headache nurse's role
Mrs Madeline Murphy

15:00 Headache Nurse role in research
Mrs Susie Lagrata

15:30 – 16:00 Coffee and Tea

16:00 – 17:00

Chair: Mrs Ria Bhola, London

16:00 The evidence based treatment of Migraine
Professor Fayyaz Ahmed, Hull

16:30 The Injectable treatments of headache (Botox & GON blocks)
Dr Luis Idrovo, Leeds

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Thursday 26th January 2023

08:00 – 09:00 Registration

09:00 Welcome and Opening Remarks – Fayyaz Ahmed

09:15 FIRST VICKY QUARSHIE MEMORIAL LECTURE
Professor Cristina Tassorelli

10:00 Pathophysiology of Migraine
Dr Phil Holland, King's College London

10:30 Pathophysiology of Cluster Headaches and other TAC
Prof Peter Goadsby – Kings College London

11.00 – 11:30 Coffee and Tea

Chair: Dr Brendan Davies, Stoke on Trent

11:30 What do the imaging tell us about the migraine brain?
Dr Farooq Maniyar, London

12:00 Why women are more prone to migraines?
Dr Shazia Afridi, London

12:30 Sleep and headache disorders
Dr Alex Nesbitt, London

13:00 – 14:00 Lunch

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Thursday 26th January 2023

14:00 – 14:30 ABBVIE SYMPOSIUM
BOTOX – RCT TO REAL WORLD EXPERIENCE

14:30 – 16:00 MIGRAINES

Chair: Dr Callum Duncan, Aberdeen

14:30 Do we need to investigate Migraines?
Dr Giles Elrington, London

15:00 Acute Migraines & Status Migrainosus
Dr Jane Anderson, Cambridge

15:30 Preventive treatments of Migraine
Dr Mark Weatherall, London

16:00 – 16:30 Coffee and Tea – Presentation of BASH MEDALLION

16:30 – 17:30 TRIGEMINAL AUTONOMIC CEPHALALGIAS

Chair: Dr Stuart Weatherby

16:30 Cluster Headaches
Dr Manjit Matharu, London

17:00 Other TACS AND TRIGEMINAL NEURALGIA
Dr Giorgio Lambru, London

17:30 DAY 1 CONCLUDING REMARKS

17:45 - 1900 BASH COUNCIL MEETING (FOR COUNCIL MEMBERS ONLY)

19:30 BASH DINNER (PRE-BOOKED ONLY)

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Friday 27th January 2023

08:00 – 09:00 Registration and Coffee

09:00 - 10:30 CSF AND HEADACHE

Chair: Dr Nick Silver, Liverpool

09:00 Idiopathic Intracranial Hypertension
Prof Alex Sinclair, Birmingham

09:30 Spontaneous Intracranial Hypotension
Dr Alok Tyagi, Glasgow

10:00 Eye masqueraders in headache clinic
Prof Susie Mollan, Birmingham

10:30 – 11:00 Coffee and Tea

11:00 – 13:00 HEADACHES – COMORBIDS AND RISKS

Chair: Dr Gina Kennedy, Sunderland

11:00 Headaches & Medication overuse
Dr Bal Athwal, London

11:30 Headaches of other secondary causes
Dr Anish Bahra, London

12:00 Migraine and Stroke
Dr Krishna Dani, Glasgow

12:30 Headaches as a part of complex syndrome.
Dr David Kernick, Exeter

13:00 – 14:00 Lunch

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14:00 – 15:30 New Therapies & Headache Services

Chair: Dr Paul Dorman

14:00 CGRP MAB and Antagonists
Dr Jan Hoffman, London

14:30 Neuromodulation
Dr Sarah Miller, Glasgow

14:50 Vestibular Migraine
David Moreno, London

15:10 The new ICS
Dr Nirmalathan, London

15:30 -16:00 Coffee and Tea

16:00 – 17:00 Headaches in Children

Chair: Dr David Watson

16:00 Migraine in Children
Dr Prab Prabhakar

16:30 Cluster Headache in Children
Dr Ishaq Abu-Arafeh

17:00 Close of meeting

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Your Name: _____

Hospital/Department: _____

E-mail id: _____

Mobile Telephone _____

To guarantee a place:

Please pay a £25 deposit via PayPal to: fayyaz.ahmed@nhs.net

Reference: **BASH REGISTRATION**

All Deposits will be refunded upon attendance.

Are you attending the Conference Dinner Yes / No

If yes, please pay £50 (per person) via PayPal to: fayyaz.ahmed@nhs.net

Reference: **BASH DINNER**

Please send this completed form to:-

Debbie Buttle
Department of Neurology
3rd Floor Alderson House
Hull Royal Infirmary
Anlaby Road
Hull HU3 2JZ

OR

E-mail: debbie.buttle@nhs.net