



Annual Report – 2023

Child and Adolescent Standing Committee

Over the past year activities of the Child and Adolescent Standing Committee have continued to work on research and educational missions. The committee is organized into several working groups (research, education, advocacy and classification) with various degrees of involvement. A focus on continued international diversity has been maintained, while working on balancing gender diversity and bringing on new members earlier in their career.

For the Research Subcommittee, this is the second year of a grant funding mechanism through the generous support of the IHS Board. A RFA was generated in early 2022 and 9 letters of intent were received spanning a wide variety of interests and in 2023 this RFA was used again with 6 letters of intent. The Research subcommittee then reviewed these LOIs and 4 were selected each year for a full proposal. For the 2022 grants, both applied for a no cost extension and the data has been used for further grant awards.

2022

1. Hadas Nahman-Averbuch - Hormonal effects of puberty-related alterations in pain in adolescents with migraine.
2. Christina Szperka and Amy Gelfand - Informing treatment trial outcome measure selection for adolescents with NDPH

2023

1. Massimiliano Valeriani - Early alterations of cortical thickness and gyrification in migraine without aura: a prospective MRI study in pediatric patients.
2. Klaus Werner - New daily persistent headache: Biomarker Study in Children and Adolescents

The expectation is a progress report at 6 and 12 months and publication of results in Cephalalgia.

For the Education Subcommittee, we are working on a virtual quarterly teaching presentation. This will initially involve committee members presenting 2-3 topics every quarter with discussion open. These will be presented live to allow international participation as well as being recorded for future viewing. It is anticipated that the plan will be finalized this fall and initiated next spring.

The Advocacy Subcommittee is still in formation as the newest endeavor with plans to remove the stigma to headaches in this young population, while increasing awareness.

The Classification Subcommittee has shown a lot of interest, but has not yet received any movement forward, dependent on the ICHD-4 classification committee.

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