

Visiting Professor Grant from the International Headache Society

The IHS VP grant that was awarded in February 2020 could finally be utilised as the pandemic continued to ease across the world. As per the original application, the grant would facilitate the travel and accommodation expenses of two internationally renowned headache expert neurologists (visiting professors, VPs), as well as the delivery of a one-day headache workshop.

The headache workshop on 21st May 2022 at Movenpick Hotel, Nairobi, followed nicely on from another separate neurology exchange endeavour from AKU-Karachi, facilitated by Roche, that took place on 19-20th May at the same hotel. This allowed a longer conference-style meeting and was more attractive for local and regional physicians and neurologists to attend, including remotely via Zoom. The programme of the entire event, dubbed "Neurology Connect Week 2022", can be found [here](#). The conference organisers (Heart and Life Conferences Ltd, who collaborate closely with AKU on other conferences) recorded all the lectures; their report and links to the recordings can be found [here](#).

The [two VPs](#) who graciously took the opportunity to come to Nairobi to educate us on headache were Dr. Manjit Matharu and Dr. Cristina Tassorelli. The day was split into three sessions: the first session being didactic lectures, and the second session being local experiences on headache management, including concurrent mental health issues with headache in Ethiopia, delivered by [Dr. Mamushet](#). The second session ended with an [ice-breaker activity](#) in small groups to get the blood flowing again. Needless to say, the table with the VPs (and the AFAN president Dr. Charway-Felli) won the activity with 84% (there were no prizes except for an applause). The pictures and videos are captured [here](#).

In the afternoon, the VPs went through injection treatment of migraine, including a didactic session first followed by a live demonstration from Dr. Matharu on how to deliver the treatment; a patient who has previously received injection treatment was invited to attend. We [ended the day](#) with the slide we were to display from IHS.

As captured in the report from the conference organisers, we had 40-50 people also following us online. It is important to note that the event brought together 16 of the 19 neurologists in Kenya, as well as our two new fellows in neurology at AKU, and neurologists from Tanzania and Ghana. Some feedback is captured, [here](#), and [here](#).

Sincerely,



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Aga Khan University Medical College of East Africa, Nairobi Campus



Cristina Tassorelli



Dr Mamushet



Manjit Matharu



