Moldovan Society of Headache and Pain, Society of the Neurologists of the Republic of Moldova, October 2022



Oxana Grosu

The National Conference with international participation 'Update on chronic headache and pain' brought famous names in the headache and pain field virtually to Chisinau. Moldova.

It was a unique scientific and educational event, which was hosted by the Diomid Gherman Institute of Neurology and Neurosurgery in collaboration with the Society of Neurologists, the Society for the Study of Pain (European Pain Federation [EFIC] chapter), the Society of Headache and Pain (IHS chapter) and Nicolae Testemitanu State University of Medicine and Pharmacy from the Republic of Moldova.

The scientific programme was endorsed by IHS and EFIC and international speakers from eight countries: USA (1), Italy (1), Israel (2), Germany (3), Denmark (2), Spain (1), Portugal (1), Ireland (1). Moderators were well-known specialists from the Republic of Moldova, Romania and Ukraine.

The first session dedicated to chronic headache was opened by Cristina Tassorelli (Italy – IHS President) who spoke about the pathophysiological mechanisms that determine the chronicity of migraine. Oved Daniel, President of the Israeli Headache Society, then updated the audience in the treatment of chronic migraine. The session dedicated to chronic headaches was concluded with relevant information regarding the management of chronic tension-type headaches presented by Sait Ashina (USA), vegetative trigeminal headaches presented by Arne May (Germany) and secondary headaches by. Rigmor Jensen (Denmark).

The second session was dedicated to chronic pain and was opened by Rolf-Detlef Treede (Germany) who presented the Chronic Pain Classification recently introduced in the

International Classification of Diseases, version 11 (ICD-11) by the World Health Organization and recommended to all countries for use from February 2022. Presentations followed on chronic neuropathic pain (Ralf Baron, Germany), chronic musculoskeletal pain (Catherine Doody, Ireland) and cancer-related pain (Silviu Brill, Israel).

On the second day, a workshop dedicated to young specialists was held to discuss practical aspects of the diagnosis and management of chronic pain. It was organised with the IHS Juniors Group.

There were 380 registered participants from Moldova, Romania, USA, Peru, India, Thailand, Tunisia, Turkey, Finland, UK, Chile, Ukraine, Israel, Brazil, Poland, Mexico, Portugal, Australia, and Russia.

Chronic pain is a poorly developed topic in the Republic of Moldova and through this event it is hoped to increase awareness of this topic among professionals, civil society, and decision-makers.



Cristina Tassorelli



Oved Daniel



Rigmor Jensen

