



## **The 1st International Headache Academy Meeting: Learning and Leadership in Headache Care**

Peter J Goadsby, USA

Today, despite every effort from clinicians and researchers, headache disorders in the main are largely underdiagnosed and undertreated, with the needs of the patient often unmet by current standards of care. In running for the IHS presidency I had two core purposes: first, to do whatever I could to promote the next generation of leaders in headache; and secondly, to see IHS reach out to Asia and the Far East.

To the first goal, the 1st International Headache Academy (IHA) Meeting has been established to provide a platform for developing the next generation of headache specialists. This 3-day meeting, planned for 18–20 May in Copenhagen, Denmark, will provide an opportunity for headache specialists to engage with their peers through presentations, workshops, debates and hands-on clinical mentoring.

The meeting content has been directed by the Scientific Steering Committee: Hans-Christoph Diener and myself, who will act as co-chairs for the meeting, Messoud Ashina, Michel Ferrari, Julio Pascual and Jean Schoenen. The Scientific Steering Committee has worked to develop a comprehensive educational agenda combining the latest research in headache care with instruction in practical approaches to research, clinic-based medicine and professional development.

The programme of the meeting will include plenary sessions, as well as practical workshops and interactive masterclasses. Features of the meeting include debate on hot topics in headache management, as well as practical masterclasses through a preceptorship programme at the Glostrup Hospital and the Danish Headache Center. A key feature of the meeting is practical, hands-on learning. As such, workshop sessions will be focused on developing leadership skills, including setting up clinical trials, presentation skills and publishing work.

Delegates of the meeting, comprising the next generation of headache specialists from across Europe, have been carefully selected by the Scientific Steering Committee following a nominations process, which has included direct input from the IHS Juniors committee.

The meeting promises to be an exciting and informative educational event, providing an excellent learning opportunity for the delegates involved and allowing them to develop their leadership skills in their field of headache care. From the International Headache Academy, which is made possible through generous unrestricted sponsorship from Allergan UK, we can look forward to improved standards of care in headache patient management and research across Europe, now and in the future.



# 1<sup>st</sup> International Headache Academy

*Learning and leadership in headache care*

**Co-chairmen: Hans-Christoph Diener (Germany), Peter J Goadsby (UK)**

**Friday 18<sup>th</sup> May, Radisson Blu Falconer Hotel**

12:00	<i>Welcome lunch</i>	
13:00	<b>Welcome and introduction</b>	Co-Chairmen and Messoud Ashina (Auditorium)
13:30	<b>Poster session</b>	Room 102 (1 <sup>st</sup> floor)
15:00	<i>Coffee</i>	
15:30	<b>Clinical masterclass part I</b>	Group Moderators (Rooms 202–204, 2 <sup>nd</sup> floor)
16:45	<i>Coffee</i>	
17:15	<b>Clinical masterclass part II</b>	Group Moderators (Auditorium)
18:30	<i>Day 1 meeting close</i>	
19:30	<i>Dinner</i>	<i>Påfuglen Tivoli Gardens restaurant</i>

**Saturday 19<sup>th</sup> May, Radisson Blu Falconer Hotel**

09:00	<b>Headache research: present and future</b>	Jes Olesen (Auditorium)
09:45	<b>Human models of headache</b>	Messoud Ashina (Auditorium)
10:30	<i>Coffee</i>	
11:00	<b>The role of imaging in headache research</b>	Arne May (Auditorium)
12:00	<b>Morning summary</b>	Michel Ferrari (Auditorium)
12:15	<i>Lunch</i>	<i>Reception</i>
13:00	<b>Parallel workshops</b>	Rooms 202–204 (2 <sup>nd</sup> floor)
14:00	<b>Parallel workshops</b>	Rooms 202–204 (2 <sup>nd</sup> floor)
14:45	<i>Coffee</i>	
15:15	<b>Debate: Management of medication-overuse: Detox vs no detox</b>	<b>For:</b> Rigmor Jensen <b>Against:</b> Hans-Christoph Diener (Auditorium)
16:45	<b>PhD projects at the Danish Headache Center</b>	Roshni Ramachandran Faisal Amin Mads Barløse (Auditorium)
17:45	Summary and close	Hans-Christoph Diener Peter J. Goadsby (Auditorium)
19:00	<i>Dinner</i>	<i>Le Sommelier restaurant</i>



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## Parallel workshops (choose 2 of the following)

<b>Workshop I:</b> Practical aspects of setting up a clinical trial	Rigmor Jensen
<b>Workshop II:</b> Presentation skills	Jilly Carter
<b>Workshop III:</b> Getting your work published	Hans-Christoph Diener , Tobias Kurth

## Sunday 20<sup>th</sup> May, Danish Headache Center, Glostrup Hospital

08:00	<b>Departures for Danish Headache Center</b>	Meet in hotel lobby
08:45	<b>Welcome and introduction</b>	
09:00	<b>Multidisciplinary team at the Danish Headache Center</b>	Lars Bendtsen
09:45	<b>Practical masterclass:</b> <ul style="list-style-type: none"><li>• <b>Station 1:</b> Human lab 1- TCD studies</li><li>• <b>Station 2:</b> Human lab 2- MRI studies</li><li>• <b>Station 3:</b> Danish Headache Center-physiotherapy</li><li>• <b>Station 4:</b> Animal lab 1- CCV model and GTN model</li><li>• <b>Station 5:</b> Animal lab 2 – myography, isolated arteries, skull release model</li></ul>	Henrik Schtzytz Faisal Amin and Anders Hougaard Lotte Kroell and Lars Bendtsen  Deepak Bhaat and Roshni Ramachandran Inger Jansen Olesen and Dipak Amrutkar
12:00	<b>Summary and close</b>	Co-Chairmen
12:15	<i>Lunch and departures</i>	