



Annual Report – 2024 Membership Committee

August 11, 2024

Our membership committee leadership met to review the membership data, including trends over time, and both regional growth and drops in membership. Note that 1,784 is the second highest number of members in IHS history, only exceeded in 2023 which was a congress year.

The latest membership numbers, as of Summer 2024.

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|------------------------|---------------------------------------|-------------------------------|---------------|-----|
| Membership 2024 | Standard members | 1,478 | Top countries | |
| | Junior members | 206 | USA | 400 |
| | Nurse members | 9 | Brazil | 379 |
| | Retired members | 2 | Denmark | 124 |
| | Affiliate member societies | 55 | Italy | 99 |
| | Honorary Life Members | 25 | Australia | 78 |
| | FOC members (AMS reps) | 9 | Turkey | 73 |
| | | | Mexico | 58 |
| | | Total | Japan | 57 |
| | | 1,784 | Canada | 46 |
| | Affiliate members (included in above) | 1,184 | UK | 52 |
| | | | Netherlands | 38 |
| | Associate members | 362 | Spain | 32 |
| | | | China | 27 |
| | | | South Korea | 27 |
| | | Germany | 26 | |
| | | Number of members not renewed | | |
| | | 669 (vs 350 in 2023) | | |
| | | from 2023 | | |
| | | New members 2024 | | |
| | | 166 (vs 551 in 2023) | | |
| | | Returning members 2024 | | |
| | | 67 (vs 196 in 2023) | | |

We are happy to announce that since the last IHC in Seoul, *Bangladesh, Bolivia, and Dominican Republic* have formed their national headache societies and became Member Societies of the

IHS. We are in contact with representatives from other developing nations (i.e Ethiopia) to encourage the establishment of new national headache societies under the auspices of the IHS.

During the year 2024, we made contacts with representatives of several national societies. In particular, we have agreements in advanced stages with the Portuguese Headache Society (Sociedade Portuguesa de Cefaleias, SPC) and the French Headache Society (Société française d'étude des migraines et des céphalées, SFEMC). Both have pledged their support to the IHS in terms of promoting membership. They will do this with a nationwide subscription campaign through their official website and partner sites. Both societies have expressed their interest in the IHS Associate membership promotion, which involves a discount on the membership fees of their members. We will be looking to extend this model to other national societies in the coming months.

The exchange group survey was developed to determine the potential value of ***International Headache Society Exchange Groups (IHS-EG)***. We assessed the perceived value of these groups to enhance connections, to promote excellence in patient care, scientific exchange of ideas, collaboration, leadership development, access to more professional opportunities, and social networking. The results of the survey will be summarized and presented.

Membership benefits have been assessed and expanded. Last year, we were able to provide discounts to the Migraine Trust International Symposium and the European Headache Federation conferences.

Different strategies for membership retention are being explored, including expanded dual membership sign ups with national headache societies. The results of the Taskforce Report of IHS Regional Committees were presented to the Board of Trustees in Seoul, South Korea (Taskforce co-chairs Francesca Puledda, M.D., PhD, Teshamae Monteith, MD). Discussions are ongoing to implement the best strategies to advance the mission of IHS regionally.

Our major goals are to recruit junior members, new to the field, to the International Headache Society. Another goal is to increase membership across underrepresented regions of the world, and to increase our associate membership in low-income countries.

We will also work with the communication committee to spotlight the achievements of our members as well as activities in our affiliate organizations. Membership materials are being developed, both flyers and slides, which can be used by all members when providing headache lectures or mentoring sessions.

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IHS Membership Co-Chairs