

March 2025

Dear IHS Member

Elections for new Trustees to join the IHS Board of Trustees will be held prior to the International Headache Congress (IHC) in São Paulo, Brazil, in September 2025.

Following the Annual General Meeting (AGM) in September, Professor Rami Burstein will step down as President and become Past-President, Dr Mario Peres will assume the role of President, and a new President-elect will join the Board.

Two candidates have been selected by the Leadership, Development and Nominations Committee to stand for President-elect, and a member ballot will be held to appoint the President-elect and Elected Trustees prior to the AGM.

Three of the current Elected Trustees are eligible and willing to remain on the Board:

Anna Andreou

Sait Ashina

Marcelo Valença

and do not require re-election.

There are three vacant positions for Elected Trustees.

The nominee must be a Standard Member when nominated. Nominations should be proposed by a Standard Member and seconded by a different Standard Member, and supported by a personal written statement by the nominee including a written indication of intention to stand for election as a Trustee.

Standard Members may propose or second only one person to stand for election as a Trustee.

Nominations should be drawn from as broad a group as possible, representing the latest research and knowledge in the field and ensuring geographical diversity.

An Elected Trustee shall serve for a term of 2 years, and is eligible to remain on the Board for a further 2-year term without need for re-election (total 4 years).

Trustees are expected to attend at least two Board meetings per year, one in connection with IHC or another major headache congress in non-IHC years. Usually there will be three/four meetings per year, although these are often held virtually.

Every Trustee must sign a declaration of willingness to act as a Trustee of the Charity before he or she may vote at any meeting of the Trustees.

Nominations must be submitted through the official online nominations site available at www.cesvotes.com/IHS2025. Interested candidates should complete the requested information, including the names of two IHS Standard member proposers, and submit background information, including activities

related to the goals of IHS and their reasons for wishing to serve as a Trustee, and any relevant Disclosures For more information please contact Carol Taylor: carol.taylor@i-h-s.org

The deadline for official nominations is **12 noon (BST), Friday 11 April 2025**.

All nominations should be made through the official online nomination system.

Patricia Pozo-Rosich
Honorary Secretary