



IHS International Headache Academy (iHEAD)

Auditorium Moise Safra, Albert Einstein Hospital, São Paulo, Brazil
9-10 September 2025

Programme

Tuesday 9 September 2025	
9:00	Registration
9:30	The iHEAD Programme (for the new and the experienced) Patricia Pozo-Rosich
10:00 – 11:00	Lectures: Present & future of Headache <i>Chair: Rami Burstein</i> 10:00-10:30 International Classification Headache Disorders: the road towards the 4th Classification Peter J Goadsby 10:30-11:00 Headache Research Priorities: an action plan Todd Schwedt
11:00 – 11:30	Tea & Coffee Break
11:30 – 13:00	Hands on: Secondary headache cases with patients from Albert Einstein Hospital Mario Peres Marcio Nattan Souza
13:00 – 13:30	Lunch
13:30 – 13:55	Group photo

14:00 – 15:25	Interactive workshop 1 (25 – 30 delegates each after preselection; each delegate attends two different workshops)			
	Patient Cases Henrik Schytz	How to write and review a paper Simona Sacco	How do we communicate our science Patricia Pozo-Rosich	How to make a good poster/ graphical abstract Irene de Boer
15:25 – 15:50	Tea & Coffee Break			
15:50 – 17:15	Interactive workshop 2 (25 – 30 delegates each after preselection; each delegate attends two different workshops)			
	Patient Cases Henrik Schytz	How to write and review a paper Simona Sacco	How do we communicate our science Patricia Pozo-Rosich	How to make a good poster/ graphical abstract Irene de Boer
17:30 – 18:00	Common Mistakes in Headache Research Irene de Boer			
19:30	Dinner			

Wednesday 10 September 2025	
08:00 – 09:30	Headache clinical care <i>Chair: Patricia Pozo-Rosich</i>
	08:00-08:30 Can we avoid chronic migraine? Patricia Pozo-Rosich
	08:30-09:30 Tips & tricks on how to organize your clinic & manage your patients: a global perspective Miji Lee Aynur Özge Sait Ashina Fayyaz Ahmed Each speaker will have 15 min
09:30 – 10:00	Tea & Coffee Break
10:00 –10:45	Debates <i>Chairs: Cristina Tassorelli & Peter Goadsby</i> Debate 1: Is cluster headache easy to manage? 3 min: Chair's introduction of resolve and pre-debate voting 10 min: Pro Team (2 x 5 min) 10 min: Con Team (2 x 5 min) 10 min: Discussion with audience 1 min: Pro conclusion 1 min: Con conclusion 5 min: Chair: post-debate voting and conclusion 3 people per team
	Debate 2: Should we follow IHS practice recommendations? YES / NO 3 min: Chair's introduction of resolve and pre-debate voting 10 min: Pro Team (2 x 5 min) 10 min: Con Team (2 x 5 min) 10 min: Discussion with audience 1 min: Pro conclusion 1 min: Con conclusion 5 min: Chair: post-debate voting and conclusion 3 people per team
11:30 – 12:30	2024-25 Best Headache Papers: which and why?

	<i>Chair: Patricia Pozo-Rosich</i> Greg Dussor (pre clinical research) Edoardo Caronna (translational research) Simona Sacco (clinical) Marcio Nattan Souza (clinical) Each speaker has 15 minutes to highlight 1-2 papers
12:30 – 12:45	Challenges & opportunities of developing a career in headache Edoardo Caronna Irene de Boer
12:45	Close Patricia Pozo-Rosich
12:45	Lunch
13:15	Transfers to World Trade Centre

iHEAD 2025 faculty	Patricia Pozo-Rosich (Chair) Fayyaz Ahmed Sait Ashina Rami Burstein Edoardo Caronna Irene de Boer Greg Dussor Peter Goadsby MiJi Lee Marcio Nattan Souza Aynur Özge Mario Peres Simona Sacco Todd Schwedt Henrik Schytz Cristina Tassorelli
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We wish to thank the following sponsors for their support of iHEAD 2025

