



INTERNATIONAL HEADACHE ACADEMY – iHEAD

14-15 May 2026

Xi'an, China

INVITATION for young clinicians and researchers interested in a career in Headache to register for iHEAD 2026

The International Headache Society (IHS) is proud to sponsor the 11th International Headache Academy (iHEAD) to be held in Xi'an, China, on 14-15 May 2026.

iHEAD is designed to inspire a long-term commitment to Headache in early career neurologists and research scientists via an educational programme focused on clinical and research aspects of Headache Medicine. It is our goal to develop and mentor future leaders in the field.

This 1.5-day programme is currently under development. Past iHEAD academies have offered an interactive and intensive overview of headache including pathophysiology, diagnosis, and management of migraine, cluster headache and related primary headache disorders, plus lectures and practical sessions on clinical trial methodology, biostatistics, manuscript preparation and publication, and presentation skills.

We are targeting Neurology residents, Headache Medicine fellows and MD and/or PhD clinicians/researchers currently enrolled or within 10 years of having completed their training. Candidates can have attended no more than one (1) previous iHEAD.

Registration is free of charge; expenses for an economy return flight to China will be covered, and a stipend will be offered for accommodation. Participants will also receive free registration to the China Headache Congress on 16 May 2026 which will include presentations from international headache and research experts.

iHEAD 2026 will invite 100 delegates to attend; 70 will be from Asia, and 30 from the rest of the world. **We invite you to apply** if you are eligible as per the criteria below; IHS will review applications and select delegates. The iHEAD academy will be held in English. The China Headache Congress will be held in English and Chinese with translation available.

More information about iHEAD can be found on the [IHS website](#).

Attendees must:

- be an individual member of IHS
- be within 10 years of having completed their last relevant neurology or scientific qualification
- have attended no more than one (1) previous iHEAD

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Registered office: 6th Floor, 2 London Wall Place, London, EC2Y 5AU UK

Registration and selection process

To register, please follow the link to complete the application form **by 20 March 2026**.

<https://www.surveymonkey.com/r/RNKW2LC>

Please note during the process you will be asked to:

- Describe yourself in three sentences
- Upload a recent photo of yourself and a photo of your passport
- Describe your motivation for attending the iHEAD 2026 (max 2 sentences)
- Advise what would you like to learn during iHEAD 2026
- List 3 most recent educational programmes attended
- List 3 most recent abstracts submitted
- List 3 more recent authored articles

Please note that it is not possible to save the survey part way through so please ensure you have all the information, including the required photos, available when you start the application process.

Please also [send a copy of your photo and passport photo to IHS](#). Due to the short application deadline incomplete applications will not be considered.

The selected candidates will receive confirmation by end March 2025 and must be able to travel to China on 12/13 May to ensure full attendance at the academy.

If you have any questions please [contact IHS](#).

Kind regards,

On behalf of the Organising Committee

Patricia Pozo-Rosich