

Invitation to the Inaugural Meeting

Special Interest Group (SIG) “Psychology” Within the International Headache Society (IHS)

Dear Colleague,

We are very pleased to invite you to the **Inaugural Meeting of the SIG “Psychology”** within the International Headache Society. We are excited to bring together colleagues who share an interest in the psychological and behavioral dimensions of headache care and research.

The meeting will be held online on:

Thursday, 26 March 2026
20:00 UTC

Meeting Time (Reference: 20:00 UTC)

To accommodate different time zones as fairly as possible, the meeting is scheduled at **20:00 UTC**, corresponding to:

- Germany (CET): 21:00
- London (GMT): 20:00
- New York, USA (EST): 16:00
- California, USA (PST): 13:00
- São Paulo, Brazil: 17:00
- Johannesburg, South Africa: 22:00
- Sydney, Australia (AEDT): 07:00 (next day)

Please double-check your local time, especially if daylight saving time changes apply in your region.

Access:

If you would like to join, we kindly ask for a brief, informal email confirmation to **Dawn C. Buse** (dawnbuse@gmail.com) or to **Timo Klan** (klan@uni-mainz.de).

To join the online meeting please follow the Teams link below at the start of the meeting on 26 March.

Microsoft Teams meeting

Join: <https://teams.microsoft.com/meet/39620083621939?p=bScOSUSNAOJAN1kMbN>

Meeting ID: 396 200 836 219 39

Passcode: 2F8He76a

Agenda – Inaugural Meeting SIG Psychology (26 March 2026)

1. Welcome and Introduction

Dawn C. Buse & Timo Klan

2. Getting to Know Each Other

We invite each participant to briefly reflect on three questions:

- Who are you and where are you working?
- What are you currently working on in the field of headache?
- What kind of collaboration or exchange would you most value within this SIG?

3. Introduction of a Proposed Kick-off Project: HEADS-UP

“Headache Education and Delivery across Societies – an Up-to-date International Perspective (HEADS-UP)”

The project aims to provide an international overview of professional headache societies and the information they offer to patients. Our goal is to better understand and highlight how headache education and care are delivered across different countries and professional contexts. We envision this as a collaborative effort with strong publication potential.

4. Open Exchange

Your ideas, expectations, and suggestions for shaping the SIG.

5. Planning of Next Steps and Future Meetings

If you would like to join, we kindly ask for a brief, informal email confirmation to **Dawn C. Buse** (dawnbuse@gmail.com) or to **Timo Klan** (klan@uni-mainz.de).

We very much look forward to connecting with you and building this SIG together.

With warm regards,

Dawn C. Buse

Timo Klan

March 2026