



Annual Report – 2025

Child and Adolescent Standing Committee

Over the past year activities of the Child and Adolescent Standing Committee have continued to work on research and educational missions. The committee is organized into several working groups (research, education, advocacy and classification) with various degrees of involvement, with the research and educational group being the most active. A focus on continued international diversity has been maintained, while working on balancing gender diversity and bringing on new members earlier in their career. This has resulted in continuing to grow the committee.

For the Research Subcommittee, the previous grant funding has resulted in poster and manuscript generation. This grant is through the generous support of the IHS Board. The mechanism was changed in the past year to focus on developing research areas in the world with fewer resources for headache treatment. A RFA was generated in late spring/summer 2025 and 5 letters of intent were received and 3 requested for a full proposal.

2022

1. Hadas Nahman-Averbuch - Hormonal effects of puberty-related alterations in pain in adolescents with migraine.
2. Christina Szperka and Amy Gelfand - Informing treatment trial outcome measure selection for adolescents with NDPH

2023

1. Massimiliano Valeriani - Early alterations of cortical thickness and gyrification in migraine without aura: a prospective MRI study in pediatric patients.
2. Klaus Werner - New daily persistent headache: Biomarker Study in Children and Adolescents

2024

- On hold for changing focus

2025

- Pending submission of proposals

For the Education Subcommittee, we are working on a virtual quarterly teaching presentation. This will initially involve committee members presenting 2-3 topics every quarter with discussion open. These will be presented live to allow international participation as well as being recorded for future viewing. Two symposia have been presented. This will be discussed at our meeting at IHC 2025.

The Advocacy Subcommittee is still in formation as the newest endeavor with plans to remove the stigma to headaches in this young population, while increasing awareness. No new information.

The Classification Subcommittee has shown a lot of interest, but has not yet received any movement forward, dependent on the ICHD-4 classification committee. It does appear that ICHD-4 is moving forward, but the Child and Adolescent Standing Committee has not been updated or involved.

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