Regional Differences in Clinical Profiles, Treatment and Outcomes of Migraine – IASP 2026 World Congress on Pain

On 29 October 2026, the IASP World Congress on Pain in Bangkok, Thailand, featured a joint topical workshop organized by the IHS and the IASP, entitled “Regional Differences in Clinical Profiles, Treatment and Outcomes of Migraine.” The session brought together three international headache specialists: Professor Shuu-Jiun Wang from National Yang Ming Chiao Tung University, Taiwan; Professor Tsubasa Takizawa from Keio University School of Medicine, Japan; and Professor Wanakorn Rattanawong from King Mongkut's Institute of Technology Ladkrabang (KMITL), Thailand. The workshop explored how biological, environmental, cultural, and healthcare-related factors contribute to regional differences in migraine presentation, management, and outcomes.

The presentations addressed complementary aspects of migraine care, including diagnostic challenges and comorbidities presented by Professor Wang, regional variations in migraine triggers discussed by Professor Takizawa, and migraine progression in relation to treatment access and management strategies explored by Professor Rattanawong, including the emerging concept of Medication Underuse Headache (MUH). Together, these perspectives emphasized the complex interplay between individual patient factors and healthcare systems in shaping migraine outcomes.

Attended by approximately 100 delegates, the workshop provided a valuable platform for international knowledge exchange. The presentations were followed by a fruitful and engaging discussion among the speakers and attendees, allowing for the exchange of clinical experiences, regional perspectives, and insights into the challenges of migraine management across different healthcare settings. The session further highlighted the importance of improving migraine recognition, optimizing treatment strategies, and addressing disparities in access to effective migraine care across different regions.


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Migraine triggers may vary
across populations
and environments
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