NHS
Hull University Teaching Hospitals
NHS Trust

International Headache Society

Lazaat Hotel and Restaurant
Wood Hill Way
Cottingham
HU16 5SX

11th Biennial Hull-IHS Headache Meeting

20 – 23 January 2027

Supported by Lundbeck



Dear Colleagues,

I have pleasure in inviting you to attend the 11th Biennial National Meeting on Headache organised jointly by the International Headache Society (IHS) and the Department of Neurology Hull University Teaching Hospitals. The meeting runs for 4 days of which the last day is a public day to raise awareness of headache disorders in the general public. The first day is dedicated to primary and secondary care general physicians and allied healthcare professionals while days two and three are for the Neurologists and trainees in Neurosciences. The meeting attracts 16 External CME credits by the RCP (155596).

The Hull meeting is the biggest headache educational event in the UK. In 2025 we had 350 delegates from all over the UK and abroad. This year the 3rd Vicky Quarshie Memorial Lecture will be delivered by the president of the International Headache Society, Professor Mario Peres from Sao Paolo, Brazil, while Professor Rami Burstein (Harvard Medical School), Professor Peter Goadsby (UK), Professor Patricia Pozo Rosich (Spain), Professor Henrik Schytz (Denmark) and Professor Rigmor Jensen (Denmark) will be other invited guest speakers.

The meeting is pitched for general practitioners, general neurologists and trainees in neurology and headache. The meeting is supported by an unrestricted educational grant from Lundbeck UK. Refreshments and lunches are free of charge on Wednesday, Thursday and Friday.

The meeting is free to attend; however, the venue can only accommodate up to 350 delegates, and it is very likely that the event will be oversubscribed. To guarantee your place, I would advise reserving as early as possible to avoid disappointment. To guarantee a place, you can pay £30 via PayPal to fayyaz.ahmed@i-h-s.org. The payment would be refunded if you attend and will be credited to IHS if you do not.

There will be conference dinner on Thursday 21st January at the Lazaat Restaurant open to all delegates to meet and interact with the experts and invited faculty. The cost will be £70 including soft drinks payable through PayPal. This is non-refundable.

The venue has ample parking facilities. For more details and to find the facilities for accommodation and train links, please feel free to contact Debbie Buttle, conference secretary who will be more than willing to assist in you attending the programme on Debbie.Buttle@nhs.net.



Professor Fayyaz Ahmed MD MBA FRCP
Conference Chair and Honorary Treasurer
International Headache Society



Limited Availability... Reserve your place today!

To guarantee a place, you can pay **£30** (refundable if you attend) via paypal to: **fayyaz.ahmed@i-h-s.org**

Need more information?

Contact Debbie Buttle, Conference Secretary on **Debbie.Buttle@nhs.net**



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DAY 1 : GPs, Acute Physicians, Headache Nurses

WEDNESDAY 20 January

PROGRAMME	
08:30 – 10:00	**Registration**
CHAIR : Dr Kay Kennis, Bradford	
10:00	The holistic approach to headache Dr David Kernick, Exeter
10:30	Headache management: The current guidelines for the UK Professor Fayyaz Ahmed, Hull
11:00	Managing headache/migraine: Children in primary care Dr Katy Munro, London
11:30	Extended role/services by GPwSI in primary care Dr Kay Kennis, Bradford
12:00	Interactive case-based discussion
12:30 – 13:30	**Lunch and Networking**
CHAIR : Dr Sophie Dorsey, Hull	
13:30	Secondary headaches: A needle in a haystack Dr Anish Bahra, Oxford
14:00	Managing acute migraine & status migrainosus in AMU Dr Jane Anderson, Cambridge
14:30	Injectable treatments for headaches Dr Modar Khalil, Hull
15:00 – 15:30	**Coffee / Tea Break**
CHAIR : Mrs Helen Delrosario, Hull	
15:30	Beyond the prescription pad: Supporting sustainable lifestyle change in migraine Miss Siobhan Jones, NHS Cumbria Integrated Care NHS Foundation Trust
16:30	Running a 'Nurse led clinic' Mrs Juliana Ochulor, London

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DAY 2 : Neurologists / Trainees in Neurology

THURSDAY 21 January

PROGRAMME	
08:00 – 09:00	**Registration**
09:00	**Welcome and Opening Remarks – Fayyaz Ahmed**
09:15	THIRD VICKY QUARSHIE MEMORIAL LECTURE Professor Mario Peres, Sao Paolo, Brazil
09:45	Central and peripheral contribution to migraine pathophysiology Professor Rami Burstein, Harvard Medical School, Boston, USA
10:15	Pathophysiology of migraine – current understanding and future Professor Peter Goadsby – King Abdullah University of Science & Technology and King's College, London
11:00 – 11:30	**Coffee / Tea Break**
CHAIR : Dr Callum Duncan, Aberdeen	
11:30	Migraine brain – What do we know about? Dr Phil Holland, London
12:00	The hormonal minefield Professor Anne McGregor, London
12:30	Medication overuse headaches: The current understanding Professor Patricia Pozo-Rosich, Barcelona, Spain
13:00 – 14:00	**Lunch and Networking**
CHAIR : Dr Salwa Kamourieh	
14:00	Post-traumatic headache Professor Henrik Schytz, Glostrup, Denmark
14:30	Trigeminal autonomic cephalalgia: The confusing phenotypes Professor Manjit Matharu, London
15:00	Neuromodulation in headache disorders Dr Giorgio Lambru, London
15:00 – 15:30	**Coffee / Tea Break**
CHAIR : Dr Stuart Weatherby, Plymouth	
15:30	Non-painful symptoms of migraine Dr Nazia Karsan, London
16:00	Medical cannabis in headache medicine Dr Mark Weatherall, London
16:30	Can I have a scan? Dr Giles Elrington, London
17:00	Vestibular migraine Dr Francesca Puledda, London
17:30	**Concluding Remarks**
19:30	**Dinner with IHS Faculty (Pre-Booked Only)**

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DAY 3 : For Primary and Secondary Care Physicians

FRIDAY 22 January

PROGRAMME	
08:00 – 09:00	**Registration**
CHAIR : Dr Brendan Davies, Stoke on Trent	
09:00	Idiopathic intracranial hypertension Professor Rigmor Jensen, Glostrup, Denmark
09:30	Spontaneous intracranial hypotension Dr Sanjay Cheema, London
10:00	The National Migraine Audit Dr Anna Andreou, London
10:30 – 11:00	**Coffee / Tea Break**
11:00 – 13:00	Headaches – women, children and the elderly
CHAIR : Dr Ishaq Abu-Arafeh, Glasgow	
11:00	Treating migraine in menarche, maternity and menopause Dr Shazia Afridi, London
11:30	Paediatric headaches – How they differ from adults? Dr Prab Prabhakar, London
12:00	Migraine, stroke and the elderly Dr Krishna Dani, Glasgow
12:30	Migraine and co-morbidities Dr Mallika Sarker, Hull
13:00	**Concluding Remarks and Lunch**

DAY 4 : Public Meeting

SATURDAY 23 January

PROGRAMME	
09:00 – 10:00	**Registration**
10:00	**Welcome by the CEO Migraine Trust – Rob Music**
10:15	Differentiating between innocent and serious headaches Dr Mallika Sarker
10:45	The current treatment landscape in migraine Dr Sophie Dorsey
11:15 – 11:30	**Coffee / Tea Break**
11:30	How can a headache nurse help? Mrs Helen Delrosario
12:00	Lifestyle modifications Mrs Lisa Wilson
12:30 – 13:00	Interactive question and answers by the Panel
13:00	**Concluding Remarks – Rob Music**

11th BIENNIAL HULL- IHS HEADACHE MEETING
20 - 23 JANUARY 2027

LAZAAT HOTEL AND RESTAURANT
Wood Hill Way, Cottingham, HU16 5SX

Your Name: _____

Hospital/Department _____

Email id: _____
(Please print clearly)

Contact Telephone _____

To guarantee a place:

a) Please pay a £30 deposit via PayPal to:
fayyaz.ahmed@i-h-s.org **Reference IHS REGISTRATION**

All Deposits will be refunded upon attendance.

Are you attending the Conference Dinner Yes / No

b) Please pay £70 (per person) via PayPal to:
fayyaz.ahmed@i-h-s.org **Reference IHS DINNER**

Please send this completed form to:- debbie.buttle@nhs.net

Debbie Buttle
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